

PITCHING MACHINE RULES FOR ROOKIE DIVISION:

1. All Rookie teams using a pitching machine shall use the Louisville Slugger "Blue Flame" model UPM45 (the official portable pitching machine of Babe Ruth/Cal Ripken, sanctioning body of WNSL baseball). League officials will set up and position the machine. Both teams shall use the same machine during a game.
2. Setup for machines shall be as follows:
 - a. Machine shall be placed 46' from home plate. If a pitching rubber is installed on the field, the front leg of the machine shall be placed in front of the rubber (ideally with the back of the machine's front leg touching the front edge of the rubber)
 - b. The height adjustment knob on the tray where the ball is placed shall be set to "3"
 - c. The height adjustment knob on the handle / lever shall be placed at "4" on Fields 3 and 4 (no mound) or at "3" on Fields 1 and 2 (mound)
 - d. The speed (aka "power lever") shall be set at "9" for the Gold division, "8" for the Silver division, and "7" for the Bronze division
 - e. Sandbags shall be placed on the front and back legs of the machine for stability and consistency of pitches
3. Coaches may not make any adjustments to the power lever or either height knob prior to or during a game. Coaches are permitted to utilize the "fine tuning knob" to adjust the height of pitches while their team is at bat. However, no extra or practice pitches are allowed after adjustments. Coaches are not permitted to adjust the "fine tuning knob" after throwing the last pitch of any inning (no sabotaging the pitch height for the opposing team).
4. Coaches may throw five (5) practice pitches with the machine prior to their team's first at-bat. Practice pitches are not permitted between innings unless authorized by the umpire. The game should not be halted or delayed due to practice pitches between innings.
5. The defensive "pitcher," must position himself inside the circle surrounding the mound prior to delivery of the pitch. The "pitcher" may stand behind the machine or on either side, but, for safety, must not stand closer to home plate than the front edge of the pitching machine prior to delivery of the pitch.



Proper setup on Field 2 (mound) at Bronze level. Note placement of machine in relation to pitcher's rubber.